

City _____ State _____ Zip Code _____

Service Record:[illegible]

Total Minutes:

Contact the following **MQP Ministries** to help out for Service Hours on an ongoing basis (contact info found at maryqueenofpeace.org):

- Liturgical Ministries (Altar Servers, Music Ministry, and for High School Students Ministry of the Word and Ushers)
- Family Life Ministries (Child Care, Coffee and Donuts)
- Christian Service
 - cards and care packages (Communion to Homebound, Heritage Manor, Meals and More and Prison Ministry)
 - food drives, clothing collections and personal fund raisers for (Samaritan Center, Society of St. Vincent de Paul)
 - help out with clean up at various events (Knights of Columbus Fish Fries during Lent)
- Finance and Operations (Fleur-De-Fall, Gardening)

Consult the **MQP Living The Bible Through Service Worksheet and Calendar** for monthly scheduled service events and suggestions (maryqueenofpeace.org, mqpcs.org). Some suggestions listed below:

- complete and turn in a monthly Living The Bible Through Service Worksheet and **receive 10 minutes of service hours/sheet**
- care for or walk dogs at the ASPCA or for a neighbor out of town
- raise money for animal protection
- collect pet items for the local Humane Society or other local animal rescue groups
- Save, collect and donate old clothes, toys and household items to Granny's Attic at the Samaritan Center to help the needy in our area
- save, collect or donate old eye glasses for reuse by the impoverished around the world and donate to the local Lion's Club
- donate and raise money for the hungry children around the world (Unicef)
- participate in a local food drive (MQP Thanksgiving Food Drive and monthly Samaritan Center donations)
- spread the joy of the season by going Christmas caroling
- participate in the Parish Christmas Pageant
- buy a Christmas present for poor families at Christmas or make them a card (MQP Angel Tree)
- make a Christmas card for a soldier over seas
- collect coats or sweaters for a coat drive (Kiwanis Club)
- visit the residents in a local nursing home (Heritage Manner or Roquette Lodge)
- help build housing for the homeless in your area (Habitat For Humanity)
- collect and donate items for unwed mothers (North shore Crisis Pregnancy Center or Daniel's Inn)
- write your local politician asking for protection for all life
- make a home made item for a new Habitat For Humanity home owner (bird house, painted planter, etc.)
- write your local politician asking for protection of the elderly and disabled
- collect old sports equipment for inner city youth centers (New Orleans Archdiocese Catholic Charities)
- decorate and fill up a shoe box of hope with personal care items for the Samaritan Center.
- make a card for a teacher, priest, nun or religious ed. Teacher
- collect, sort and donate Mardi Gras Beads for special education needs (S.T.A.R.C. or Fontainebleau High School)
- clean up litter in a local park (North Lake Nature Center or Keep Mandeville Beautiful Beach Sweep)
- participate in a bird count and record the data on eBird.com
- recycle
- participate in a local fun run for a good cause
- raise money for refugees from countries with unstable governments
- send a care package or letter of encouragement to a soldier or those in prison
- decorate and fill up a shoe box with school supplies for the Samaritan Center
- visit the sick and lonely in a nursing home, local hospital or in your neighborhood
- cook a meal for a family with a sick child or parent
- deliver toys to sick children in a hospital (see guidelines for Children's Hospital In N.O.)
- help out with the MQP Fleur-de-fall and other fund raisers for building and maintaining our church
- help change MQP miscelletes, stuff bulletins and straighten pews on a regular basis
- help decorate or clean the church
- participate in the Mass as an altar server, choir member, seraphim singer.
- help out with MQP Vacation Bible School
- help a teacher or school faculty member
- help tutor a younger child
- babysit a younger child for free to allow a parent to attend a Church or service related function